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LUDHIANA CMC US REVIEW

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Mission Support to Self-Sufficiency



In her comment about Dr. Eggleston, Dr. Elizabeth Paul wrote that his departure brought closure to one of the big chapters in the Christian Medical College's history.

The Ludhiana Christian Medical College was started by missionary nurses and doctors over one hundred years ago. This missionary chapter of CMC's history was accomplished during the tenure of Dr. and Mrs. Eggleston's 32 years of service.

In the last chapter of his autobiography, Dr. Eggleston reflects: "In 1955 two thirds of the teaching staff were foreigners; when we retired at the end of 1986, all but four of the ninety-six faculty were Indian. A calculated plan to nationalize the institution had succeeded."

He goes on to write: "In 1953 the financial position was tenuous at best. The institution depended on donations from churches and individuals from abroad just to keep open. As one American colleague phrased it, we lived from crisis to crisis." Dr. Eggleston was pleased to see that since his departure, except for one time when CMC alumni stepped in to help keep the institution solvent, CMC has been self-supporting.

Donations from abroad are greatly appreciated but these funds are a drop in the bucket of the institution's budget.

As the son of missionaries who served in India for 36 years and who turned the two institutions they served over to their Indian colleagues, I feel really good about what CMC is accomplishing against great odds. While countless schools, hospitals and clinics started by missionaries have fallen away it is great to see CMC continuing to serve people from all rungs of life. The concern for the poor is strong as CMC provides over a million dollars in subsidies from their own budget for health care that the poor can not afford.

As the executive director of the CMC US Board I hope we will continue always to raise funds for projects that enhance the health of people in northwest India as well as provide rich training opportunities for students.

A few of the projects we have under taken in the past few years have been: a laproscopic set (2013), 5 ventilators (2014), 5 anesthesia machines and heart monitors (2015), and this past year, brachytherapy equipment and an eye bank.

The new project for 2017 is FISH equipment for the pathology depart which will greatly enhance the detection and treatment of various kinds of cancer.

—Max Marble, LCMC US Board Executive Director

Head of Surgery Fondly Remembered



In December 1953 Dr. and Mrs. Forrest Eggleston with their two children Carol (6yrs) and Robert (3 yrs) arrived in India as Presbyterian missionaries from the United States. His first assignment was to head up the TB Sanatorium at Jubar in the Kasauli Hills 180 kl from Ludhiana. While there he also started doing surgery in Ludhiana.

In 1955 when the TB Sanatorium closed he became Head of the Surgery Department at the Ludhiana Christian Medical College. He pioneered the residential form of post graduate training where the post graduate candidates received the most practical training in surgery. He introduced vascular surgery and thoracic surgery in the region. He trained more than 100 post graduates who are currently working in India and around the world. The department of surgery at the Ludhiana Christian Medical College was one of the best in the region due to the untiring effort of Dr. Eggleston. From 1982 to 1986 he also served as the Director of the Ludhiana Christian Medical College. His skills and compassionate profile won the hearts of many of the citizens of the Punjab and India.

Dr. and Mrs. Eggleston retired in Mechanicsburg, Pennsylvania. He passed away on November 7, 2016 at the age of 96. Mrs. Eggleston passed away 12 years ago. Their daughter, Carol, passed away just last year. They are survived by their son, Robert.



Dr. Forrest and Mrs. Barbara Eggleston

Brachytherapy Unit Funded

Thank you for your support of the urgently needed new brachytherapy unit for the treatment of cancer. The new equipment will bring hope to many cancer patients and will provide training opportunities for medical students and technicians. The funds have been raised and the equipment is due to be purchased and installed shortly.

We want to give special thanks to Dr. Kiran Adlakha who started the donations with a gift of \$5,000 during the Alumni Association meeting in Denver in August. A special thanks goes also to Mrs. Susan Sarin for her donation of \$50,000. And most recently we want to thank Drs. Joseph & Prema Jacobs for their \$10,000 donation given in memory of Dr. Beryl Howie.



Dr. Pamela Jeyaraj

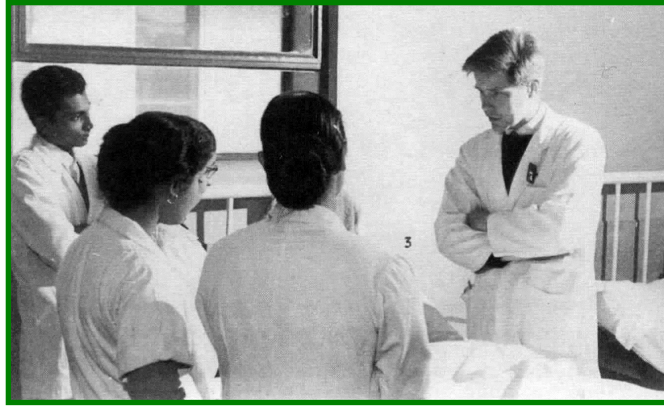
Thanks also to Dr. Sewa Legha, who researched the brachytherapy project, wrote the fund raising letter and spent considerable personal time with the project.

Dr. Pamela Jeyaraj, Head of the Radiation Oncology Department, will be treating patients with the brachytherapy unit and will be teaching students about its uses.

Save the Date

2017 Alumni Reunion and Meeting
July 27-29, 2017—Florida
Details will be forthcoming.

Professor Eggleston



Dr. Eggleston enjoyed teaching and being with his students. When he was asked to serve as the Director of the institution his main regret was that it might mean less time with students. On the students' part they deeply respected and appreciated the concern Dr. Eggleston showed them in and out of class.

Since his passing many students have shared their comments. Dr. Sargit Gill, one of his early students, is working with other alumni to organize a time for the alumni in the US to share their memories and celebrate his life and what he meant to the Ludhiana Christian Medical College.

Here are some of the comments that have been shared already:

We collectively thank God for his dedicated services to this institution and for having trained all the doctors for Mission Hospitals and placing the Institution as a center of Excellence in Surgery.

—**Dr. Abraham Thomas, LCMC Director**

Surgical House Staff in Mid-Sixties



Back Row: Preetam Gideon, Lath, Frank, Inder Shaw, Joy Paul; Seated: Sarjit Gill, Dr. Eggleston, K S Duleep, C M Singh; Front: Singh, Prem Mahajan, Parvez Bazlial, A B C Noronha

There is no question that Dr Forrest Eggleston was a very important cog that ran the wheel of CMC Ludhiana. He was respected not only in Ludhiana but also in the Aca-

demia in India. He was friendly and very likable. I have very pleasant and vivid memories of my interactions with him as a student. I also knew Mrs Barbara Eggleston well. She was a very soft spoken and kind lady. I pray that Dr Eggleston's soul rests in peace.

—**Dr. Pyara Chauhan**

The institution is indebted for his long and meaningful services in developing the department of general surgery and training postgraduate surgeons in CMC LUDHIANA. I have had the privilege of being his undergraduate student, and later associated in the administration as the medical superintendent during his tenure as the Director., May God grant his peace to his dear son Bobby and his family

—**Dr. Richard Daniel**



Dr. Sewa Legha Visits with Dr. Eggleston (2012)

It is a very sad piece of news about the loss of a great soul. I had the pleasure of knowing 'Boss' for 50 years and saw him in so many roles that he played to sustain CMC Ludhiana. I have always held the belief that Dr Eggleston sacrificed the most and gave the best years of his life to CMC Ludhiana. God will surely give him a very special place where his soul can rest in eternal peace!

My condolences to his family,

—**Dr. Sewa Legha**

He picked me for surgery residency, but Joy picked me for his wife and that was the end of my surgical residency. Dr Eggleston said, "you didn't get your M.S. (Masters in Surgery) but you did get your Mrs! Dr Eggleston really was the Father of Surgery in CMC and mentor for hundreds. This is a closure to one big chapter in CMC's history!

May he find rest and peace by his Lord

—**Dr. Elizabeth Paul**

We are so sorry to know that Dr. Eggleston has passed away. He taught us surgery in med school and my husband did a surgery residency at CMC when Boss was the Dept Chair. May he rest in peace. Our deep sympathies to his family.

—**Dr Meenakshi Singh**

Dr. Eggleston was my husband's mentor both during his time at CMC and afterwards. We stayed with the Egglestons during my first visit to Ludhiana, and Dr Eggleston stayed with us

a couple of times during his visits to the U.K. when we lived there. He certainly was a wonderful man. My thoughts and prayers go out to his family.

—**Mrs Susan Sarin (C L Sarin was her husband)**

We mourn the loss of a beloved icon, who played a distinguished and major role at a crucial period in the life and history of CMC. I personally have very fond memories of our extended dinner conversation in Cleveland, several years ago, when his wife Barbara had cardiac surgery at the Cleveland Clinic. When Barbara was stable a few days after surgery, Dr. Eggleston accepted my invitation for dinner. He did most of the talking while I listened. Dr. Eggleston related his entire journey starting from his arrival at CMC till the day of his departure. What an evening it was. I was simply mesmerized and in awe of how much he had contributed to the success of CMC and his service to India. I shall cherish those memories forever.

—**Dr. Krishan Chandar**

Our dear "Boss" has left us for his heavenly abode. He will be fondly remembered by all of us. He was the best surgeon, teacher, trainer, mentor I have ever met. God bless his soul. I have trained in three continents but the training he gave us is unsurpassable and superb. We will miss him and his sweet memories will stay with us for rest of our lives.

—**Parminder Sethi**

Although, I was not one of his surgical trainees, I got to know him as a person over the past 15 years, having seen him every year during this time period. During these visits, I also got to know his son, Bobby Eggleston. As a result I feel deep sense of personal loss, and feel the immense grief Bobby has been going through with the loss of his mother, his sister and now his dad. Dr. Eggleston personified the best of mankind in virtually every facet of life. I will dearly miss him.

—**Dr. P. L. Ogra**



Dr. Ogra Visits Dr. Eggleston and son, Bobby (2015)

Thank you Dr. Eggleston for being a model encouraging us to find, freely choose, and stay on the straight and narrow road that God has destined for us as the only way to happiness and fulfillment. (Dr. Chandar has penned a 6,000 word remembrance of Dr. Eggleston which is too long to share here. However, you may read it in its entirety on our website at www.folus.org.)

—**Dr. Ernest Chander**

FISH for Pathology

The 2017 project will be that of providing FISH (Fluorescence In Situ Hybridization) capabilities for the Pathology Department. Dr. Cotelingam mentioned this need during the 2015 Alumni Meeting in Cleveland and we are grateful for his willingness to draft the letter below to share the need with us all.

Letter from James D. Cotelingam, M.D.

Friends:

New Year's blessings to each of you!

Max has asked me to make a short justification in support of establishing a Cytogenetic – Molecular Diagnostic Laboratory at CMC. Since each of us has observed technical progress in our own subspecialties. I don't believe you will have difficulty in understanding why this also applies to Laboratory Medicine, an area which most of you consider vital to your own practice. As you know, Laboratories worldwide are now increasingly automated and miniaturized as they cope with increased volumes and shorter turnaround times.

In my own practice, transition from routine stains to Cytochemistry, Immunohistochemistry, Flow Cytometry, Cytogenetics and Molecular diagnostics has evolved in less than two decades. Right now, we are moving forward toward gene sequencing and the "liquid biopsy". Clinicians now expect and demand specific information on genetic profiling for targeted therapies that affect different organ systems with malignancies. This line of thinking is supported by Specialty Advisory Committees on both sides of the Atlantic and also by the WHO.

It goes without saying that these challenges cannot be met without 21st Century tools. Pathologists are now expected to deliver on minute tissue samples with no margin for error. We have all watched with pride the establishment and successes of our Bone Marrow Transplant and Oncology Units at CMC, a far cry from when my career began there some 50 years ago. Without solid and timely Cytogenetic and Molecular diagnostic support, stagnation will prevail, and centers like Dyanand, PGI and the AIIMS will supersede us in Cancer diagnosis and therapy.

Each day I depend on Cytogenetics, FISH and PCR to meet my responsibilities. Diagnoses from the LSU Laboratories are corroborated at the MD Anderson Center, St Jude's Children Hospital and the National Cancer Institute to name a few. Working in such a sophisticated environment would not be possible without out a State-of-the art infrastructure.

Needless to say, justification to move forward will require a cost and benefit analysis. I hasten to add that not doing so now and establishing ourselves in our catchment as a Center of Excellence will be a mistake. I am confident that Dr. Nalini Calton, her staff in the Pathology Department and all personnel at CMC who deal with Cancer therapy will deeply appreciate your support.

Respectfully,

James D. Cotelingam, M.D.

W.R. Mathews Professor of Pathology, Director, Clinical Laboratory Pathology Department, LSU Health, P.O. Box 33932, Shreveport, LA 71130-3932, (318) 626-1223

After receiving information about the cost and need for FISH capability at CMC the US CMC Board voted to adopt this much needed capability for the 2017-18 project. Donations may be sent to Ludhiana CMC US Board, PO Box 1327, Columbia, MO 65205.